



# Cuppett Dance Company 2025-2026 Eligibility & Requirements

## Eligibility

Eligibility for the 2025-2026 season is based on 2025-2026 placements. Please see the eligibility criteria for Junior and Senior Company below.

*All eligibility and final placements are at the discretion of the CDC Directors.*

Cuppett Dance Company Eligibility
<b>Mini CDC Eligibility</b>
<b>2025-2026 Placements:</b> <i>Ballet Placement:</i> Ballet 1 or higher <i>Jazz Placement:</i> Mini Jazz, Jazz 1, Jazz 2, or PreTeen Jazz <i>Age Suggestion:</i> 11 & under on January 1st, 2025
<b>Junior, Teen, and Senior CDC Eligibility</b>
<b>2025-2026 Placements:</b> <i>Ballet Placement:</i> PrePointe or higher <i>Jazz Placement:</i> Jazz 3 or higher

## Summer Requirements

### Audition Requirement

All dancers **MUST** attend the audition to be part of the Cuppett Dance Company. Auditions for the 2025-2026 season will be held on **Sunday, June 8th**. The deadline to sign up is Sunday, June 1st. Eligible families will be sent a sign up link in advance.

Eligible dancers' audition times are determined by their current school year session (2024-2025) Jazz placement:

- **9:30am-12:00pm:** Currently in Advanced Combo, Mini Jazz, Jazz 1, PreTeen Jazz, or no Jazz placement
- **12:30-3:00pm:** Currently in Jazz 2, Jazz 3, or Jazz 4
- **3:30-6:00pm:** Currently in Jazz A & up

More details regarding audition requirements will be provided to eligible dancers after the CDC Interest Meeting on Sunday, May 4th.

## Summer Dance Technique Requirement

All members of the CDC are required to complete summer dance hours to keep up with technique, stretching, and conditioning. Cuppett PAC offers Ballet Intensives and Summer Dance Intensives in all genres, geared towards the technique and skills for CDC dancers. Summer dance requirements are based on placements for the next school year session (2025-2026).

- **Mini CDC:** Minimum of 15 hours\* of summer dance. The CDC Directors recommend Cuppett PAC's Beginner Summer Dance Intensive, a 3 hour/day intensive that includes instruction in a variety of styles, as well as the Dance Arts Camp.
  - *\*Returning Mini CDC dancers interested in applying for a solo, duet, or trio must complete a minimum of 30 hours of summer dance.*
- **Junior/Teen CDC (placed in PrePointe & Pointe A):** Minimum of 40 hours\* of summer dance, with at least 50% (20 hours) of ballet.
  - *\*Returning Junior/Teen/Senior CDC dancers interested in applying for a solo, duet, or trio must complete a minimum of 60 hours of summer dance, with at least 50% (30 hours) of ballet.*
- **Teen/Senior CDC (placed in Pointe B & up):** Minimum 60 hours of summer dance, with at least 50% (30 hours) of ballet.

CDC dancers are permitted to complete their summer dance hours at another reputable summer program (at least 50% of hours must be ballet). However, non-Cuppett PAC summer programs must be reviewed and approved by the CDC Directors. Please email any external summer dance information to [cuppettpacdance@gmail.com](mailto:cuppettpacdance@gmail.com) for approval.

Until summer hours have been fulfilled and verified, CDC dancers will not be allowed to participate in Bootcamp, rehearsals, or any of our other CDC events/performances during the school year.

## CDC Summer Rehearsal Requirement

**Mini CDC:** There is no summer rehearsal requirement for Mini CDC. Mini CDC will begin rehearsals during CDC Bootcamp (August 18th-20th & August 25th-27th).

**Junior/Teen/Senior CDC:** All Juniors, Teens, and Seniors must register for and attend CDC Summer Rehearsals on Wednesday nights. Rehearsals will be scheduled for approximately 1.5 hours between 5:30-8:30pm. Specific rehearsal times will be communicated in advance via the BAND App. All Junior and Senior CDC must attend at least four out of five rehearsals to maintain their membership in the CDC! The summer rehearsals dates are **July 9th, July 16th, July 23rd, July 30th, and August 6th.** Please mark these dates on your calendars now!

We understand that summer months may involve family travel. In this case, a Zoom link will be made available to attend CDC summer rehearsals virtually with advance notice. Dancers must email [cuppettpacdance@gmail.com](mailto:cuppettpacdance@gmail.com) in advance to let the CDC Directors know they will be attending virtually. They must also have adequate space to dance and be able to be seen on camera for attendance to count. As always, dancers are responsible for reviewing videos and catching up on choreography before the next rehearsal if they are absent.

## CDC Bootcamp Requirement

**All CDC dancers** (Minis, Juniors, Teens, and Seniors) are required to attend CDC Bootcamp in August. Fairfax County Public Schools are in session, but Cuppett PAC fall session will not have started yet. The required dates are August 18th-20th and August 25th-27th. Specific times for each group are TBD, but expect to be at the studio for about 2 hours each night, between 5:00-9:00pm. Specific rehearsal times for each group will be communicated in advance via the BAND App. See below for a sample schedule:

- Monday, August 18th: 2 hours of technique classes
- Tuesday, August 19th: 2 hours of technique classes
- Wednesday, August 20th: approx. 1-2 hours of competition routine rehearsals
- Monday, August 25th: approx. 1.5-2 hours of Halloween Parade rehearsal
- Tuesday, August 26th: approx. 1.5-2 hours of Halloween Parade rehearsal
- Wednesday, August 27th: 2 hours of team bonding

Bootcamp is required for **all** CDC members (Minis, Juniors, Teens, and Seniors) and requires an additional fee with registration.

## 2025-2026 School Year Requirements

All CDC members are required to maintain certain class enrollments and good attendance during the school year session. Enrollment requirements vary by level. Dancers are highly encouraged to pursue electives in other styles in addition to fulfilling their minimum requirements for CDC!

CDC 2025-2026 School Year Requirements
<b>Mini CDC</b>
One (1) ballet class* One (1) jazz class One (1) stretch & conditioning class Weekly CDC rehearsal
<i>*Dancers in Ballet 3 are required to take two (2) ballet classes per week</i>
<b>Junior/Teen CDC (placed in PrePointe &amp; Pointe A)</b>
Two (2) ballet classes One (1) jazz class One (1) stretch & conditioning class Weekly CDC rehearsal
<b>Teen/Senior CDC (placed in Pointe B &amp; up)</b>
Two (2) ballet classes One (1) jazz class One (1) stretch & conditioning class One (1) elective class (i.e., tap, modern, contemporary, acro, etc.) Weekly CDC rehearsal