

# SPRING 2025 SESSION!

## CUPPETT PERFORMING ARTS CENTER

1.12.25

### 8-Week Session February 26-April 26\*

(Spring Break Holiday ~ Center CLOSED April 14 – 19, 2025)

### REGISTER ONLINE beginning February 1, 2025

Registration is on a first-come, first-served basis. All registrations are date/time stamped online.

#### TUITION & FEES:

**Non-Refundable Registration Fee:** \$25 for one student, \$30 for two students, \$35 family max

**45-minute to 1-hour class** \$202 for 8 classes

**Acro Workshops:** \$186 for 6-weeks\* Meets: March 21, 28; April 4, 11, 25 & May 2

Single Class Rate applies to anyone registering for fewer than 8 classes. **There are no refunds.** Missed classes can be made up in similarly aged classes during the Spring Session only. Classes with fewer than five (5) full registrations are subject to cancellation, and only in those rare cases are refunds issued.

WEDNESDAY	THURSDAY	FRIDAY Workshops*	SATURDAY
5:30-6:30 pm Pilates Intro <i>T. Falcone</i>	4:45-5:30 pm Creative Dance <i>N. Provost</i>	4:30-5:30 pm Acro Int/Adv <i>N. Provost</i>	11:00 am-12:00 pm COMBO <i>I. Hindley</i>
8:30-9:30 pm Adult Pilates <i>T. Falcone</i>	5:30-6:30 pm Ballet/Tap Intro <i>N. Provost</i>	8:30-9:30 pm Acro Beginning <i>N. Provost</i>	
	6:30-7:30 pm TJL <i>N. Provost</i>		

#### CLASS DESCRIPTIONS BY AGE:

**Creative Dance (Age 3-4):** This class offers our younger students an introduction to music and movement. Props and music are used to stimulate and nurture the imagination. Our aim is to instill a love for dance movement! Students must be potty-independent.

**Combo (Ballet & Tap) (Age 5-7) and Ballet & Tap Intro (Age 8-10):** Each one-hour session incorporates instruction in both Ballet and Tap. Children learn the basics of rhythm, coordination, grace & posture.

**Acro 6-week Workshops (Age 7-18):** Acro-Dance combines classical dance with acrobatic elements. Includes contortion, tumbling and dance styles such as Jazz, Musical Theatre, Contemporary and Ballet. Skill Prerequisites for Intermediate/Advanced: Front & Back walkovers, cartwheels on both sides and handstand. **Meets: Mar. 21, 28; April 4, 11, 25 & May 2**

**TJL (Age 11-18):** Turns, Jumps & Leaps focuses on strength and conditioning, flexibility, turn technique, advanced jumps and leaps, and developing extensions and lines with proper technique. Prerequisite: Jazz 4 and up or Pointe B and up for non-Jazz Dancers.

**Pilates Intro (Age 8-18) and Adult Pilates:** Mat-based class that focuses on strength, stability, posture, proper breath control and flexibility.